## Share\*\*\*Share\*\*\*Share\*\*\*Share\*\*\*Share\*\*\*Share\*\*\*Not Respiratory Illness

## Tradition should be shared with loved ones this holiday season, not respiratory illness.

Wearing a mask, staying home when sick, handwashing, and staying up to date on vaccines are preventative measures we can all take to reduce the spread of COVID-19, RSV, and the flu.



**For more information on COVID-19, RSV, and the flu,** scan the QR code or visit southcentralfoundation.com.





St. Paul Community Health Center (907) 546-8300 southcentralfoundation.com